

# Striver and New PE Non-Statutory Guidance

In March 2024, the Department for Education introduced non-statutory guidance on enhancing the provision of physical education and improving access to sport in school. This was released to provide further support to schools with implementing the recommended minimum of 2 hours PE per week and ensuring equality of access to PE and extra-curricular school sport and competition.

The guidance provides case studies highlighting various ways in which schools have been successful in achieving the government recommendations, offering schools the chance to reflect upon areas where their own PE deliverance can be improved.



## What is Striver?

Striver has been created with a sole purpose: to improve primary aged pupils' long-term physical and mental wellbeing. We do that by ensuring children of all abilities feel motivated and engaged, and teachers of all experience levels feel confident and in control.

“This is the way forward. I really like the way we can store data for the whole time children are at the school to track progress in PE.”

Carol Sheenan  
PE Coordinator

# Striver and Meeting the Non-Statutory Guidance

Striver enables schools to easily meet the new guidance, aligning with the examples provided by the government that highlight how schools have been successful in implementing PE improvement:

## Embedding PE and school sport into the school ethos and culture

- Successful schools established a clear rationale for the importance of PE in their timetable and communicated it to everyone within the school community.
- Successful schools wrote PE and school sport outcomes into their strategic plans to improve accountability.

Striver's school planner function allows for clear and simple planning across entire terms for different classes and groups.

Once assigned, teachers have all the information they need to deliver exceptional PE lessons and easily see the outline of how lessons will be delivered and by who throughout the entire year.

Data from every teacher is synced together online, so you can generate powerful whole-school reports whenever you need them. Teachers can create progress or attainment reports and even compare across multiple data sets!

Class	Spring	Summer	Autumn
Beavers	Games 1, Games 2, Nutrition	Games 1, Games 2, Personal care	Games 3, Games 4, Teamwork
Badgers	Activities, Basketball, Cricket, Personal care	Activities, Basketball, Tennis, Table Tennis	Basketball, Football, Hockey, Personal care
Hedgehogs	Games 1, Basketball, Games, Athletics, Games, Individual	Basketball, Games, Individual	Games 1, Games 2, Games 3, Games 4, Games 5, Games 6
Rabbits	Activities, Cricket, Tag Rugby, Teamwork	Activities, Cricket, Tag Rugby, Teamwork	Activities, Cricket, Tag Rugby, Teamwork

## School approaches to timetabling at least 2 hours of curriculum PE

- Successful schools have PE staff who have a strong rationale and justification for including 2 hours of PE in the curriculum which they clearly articulate when in discussions on timetabling.
- Successful schools raised whole school knowledge and expertise to build all staffs capability of delivering PE to their classes.

Striver is built to upskill your staff, making PE accessible to teachers from all backgrounds. Lesson plans include images, diagrams, and videos to guide teachers every step of the way. One-touch assessment makes progress tracking quick and easy.

Striver includes an app that works offline so teachers can access lesson plans and add assessments on the move. Striver includes a Progression of Skills document and Knowledge Organisers for each unit. These handy A4 PDFs outline the key learning, questions, vocabulary, equipment, and safety.



**“Easy to follow and a great way of making skill development fun and motivating for children.”**

**George Light , PE Coordinator**

# Striver and Meeting the Non-Statutory Guidance

## School approaches to ensuring a high level of uptake in extra-curricular sports and physical activity

- Successful schools wrote extra-curricular sporting activity outcomes into the school's strategic plans.
- Successful schools targeted extra-curricular sport and physical activity programmes at the least active pupils.

Striver's **free active lunchtimes pack** has been created for children to lead games and activities at lunchtime and break times in school. Children can apply to be a Sports leader and run the activities outlined in the pack, allowing extra-curricular engagement with sport and wellbeing. Pupil Voice activities and Survey Tools included within Striver's PE leader toolkit can also help tailor strategic sport plans.

## Delivering equal opportunity to access PE and sport programmes

- Successful schools engaged the most inactive pupils with sports that are less focussed on results and personal skill development.
- Having a strong culture of pupil voice that allows pupils to confidently communicate their feelings toward the PE, sport, and physical activity accessible at the school.

Children are encouraged to engage with sport and wellbeing via Striver through a focus on individual progression and encouragement of a growth mindset, with 'Personal Best Activities' at the beginning and end of each unit allowing children to see how they've developed. 'Hard Worker Awards' also celebrate effort instead of ability. Pupil participation is further encouraged through Striver's Pupil and Parent Voice Surveys, allowing sport to be tailored to suit all.

Children can also apply to be Striver Sports Leaders, helping to organise games and activities as part of Active Lunchtimes, striving to help others get involved!

### Cost of Striver:

1 Year - £350

3 Years - £900

5 Years - £1,500

### Next Steps

Contact us on [sales@2simple.com](mailto:sales@2simple.com) for more information or to purchase a license of Striver for your school.

